

Pāli Readings

<https://vinaya-class.github.io>

LAST UPDATED ON

29th October 2023

CONTENTS

| | |
|---|-----------|
| Ratana Sutta Paritta (Snp 2.1) | 1 |
| Paṭhamabhavasutta (AN 3.76) | 5 |
| Cundisutta (AN 5.32) | 7 |
| Exercises | 13 |
| Indulgence in Pleasure (1) | 14 |
| Two Kinds of Pleasant Feeling | 14 |
| Pāsādikasutta (DN 29) | 14 |
| Exercises | 17 |
| Indulgence in Pleasure (2) | 18 |
| Pāsādikasutta, cont. (DN 29) | 18 |
| Exercises | 21 |
| Indulgence in Pleasure (3) | 22 |
| Jhānādisutta (SN 53.1-12) | 22 |
| Cetanākaraṇīyasutta (AN 10.2) | 22 |
| Exercises | 24 |
| Uttiyasutta (SN 47.16) | 26 |
| Exercises | 28 |
| Right Thought (SN 14.12, Iti 87) | 30 |
| Sammā-saṅkappa definition | 30 |
| Sanidānasutta (SN 14.12) | 30 |
| Andhakaraṇasutta (Iti 87) | 32 |
| Exercises | 34 |

RATANA SUTTA PARITTA (SNP 2.1)

Yam kiñci vittam idha vā huram vā,

Saggesu vā Yam ratanam pañitam;

Na no samaṁ atthi tathāgatena,

Idampi buddhe ratanam pañitam;

Etena saccena suvatthi hotu.

yam ... tam ...

what ... that ...

yam kiñci (ind.) [yam + kiñ + ci]

whatever; everything; all

vitta (nt.)

(1) wealth; property (2) delight; pleasure; lit. got

huram (ind.)

there; in another world

sagga (m.)

heaven; paradise

ratana (nt.)

(1) jewel; gem (2) treasure (3) queen

pañita (adj.)

fine; superior; sublime; lit. brought forward

sama (adj.)

(1) level; even; balanced (2) like; equal (to); same (as)

sacca (nt.)

truth

suvatthi (f.) [su + √as + ti]

well being; prosperity

Khayam virāgam amatam pañitam,

Yadajjhagā sakyamunī samāhito;

Na tena dhammena samatthi kiñci,

Idampi dhamme ratanam pañitam;

Etena saccena suvatthi hotu.

khīyati

is destroyed; is exhausted

khīṇa (pp. of khīyati)

consumed; destroyed

khaya (m. from khīyati)

wearing away; destruction

virāga (m.)

fading of desire (for); dispassion (towards)

amata (nt.)

(1) deathless state; immortality (2) deathless; immortal; undying

adhigacchati

gets to; attains; obtains; lit. arrives at

ajjhagā (imperf. of adhigacchati)

got; obtained; achieved; lit. arrived at

samādahati

(1) (of the mind) composes; stabilizes; collects (2) (of fire) kindles; lights; lit. puts together

samāhita (pp. of samādahati)

composed; centred; settled

Yam buddhaseṭṭho parivaṇṇayī suciṁ,

Samādhimānantarikaññamāhu;

[samādhiṁ + ānatarikam + Yam + āhu]

Samādhinā tena samo na vijjati,

Idampi dhamme ratanaṁ pañītarā;

Etena saccena suvatthi hotu.

| | |
|---------------------------|---|
| seṭṭha (adj.) | (1) foremost; supreme; (2) chief; leader |
| vāṇṇayati | (1) praises; extols (2) comments on; interprets; explains |
| parivaṇṇayati | describes; recommends; extolls; lit. praises all around |
| suci (adj.) | (1) clean; pure (2) (of tastes and smells) good; fine |
| antara (nt.) | space between; interval; distance |
| ānatarika (adj.) | immediate; without delay; with immediate results |
| √ah | (√) speak |
| āhu (perf.3rd.pl. of āha) | they say; lit. they said |
| vijjati [√vid + ya + ti] | (1) exists; is found; is present (2) is possible |

Ye puggalā atṭha satām pasatthā,

Cattāri etāni yugāni honti;

Te dakkhiṇeyyā sugatassa sāvakā,

Etesu dinnāni mahapphalāni;

Idampi saṅghe ratanaṁ pañītarā,

Etena saccena suvatthi hotu.

| | |
|-----------------------------------|--|
| ye ... te ... | who ... they ... |
| puggala (m.) | person; individual |
| santa (m. irreg, from atthi) | virtuous man; good person (from √as) |
| satām (m.dat.pl. of santa, irreg) | for virtuous people; for good people |
| pasamsati | praises; approves (of); commends |
| pasattha (pp. of pasarīsati) | praised; commended; exalted |
| yuga (nt.) | (1) yoke (2) pair; set of two |
| dadāti | gives (to); offers (to) |
| dinna (pp. of dadāti) | given (to); offered (to) |
| phala (nt.) | (1) fruit; berry (2) consequence; result |

Ye suppayuttā manasā daļhena,
Nikkāmino gotamasāsanamhi;
Te pattipattā amatām vigayha,
Laddhā mudhā nibbutim bhuñjamānā;
Idampi saṅghe ratanaṁ pañītarām,
Etena saccena suvatthi hotu.

| | |
|----------------------------------|--|
| payuñjati | harnesses; employs; applies |
| payutta (pp. of payuñjati) | intent; engaged |
| suppayutta (adj.) [su + payutta] | fully engaged; diligently practising |
| manasa (adj.) | focused on; lit. with such a mind |
| daļha (adj.) | strong; firm; steady |
| nikkāmī (adj.) [nī + √kam + *ī] | striving (in); active (in); lit. going out |
| pāpuñāti | reaches; attains; arrives (at) |
| patti (f. abstr. from pāpuñāti) | (1) reaching; getting (2) profit; share; lit. what is obtained |
| patta (pp. of pāpuñāti) | reached; attained; have arrived (at) |
| vigāhati | enters, plunges into |
| vigayha (ger. of vigāhati) | plunging into; diving into |
| labhati | gets; receives; obtains |
| laddhā (abs. of labhati) | having got; having obtained |
| mudhā (ind.) | for free; freely; gratis; for nothing |
| nibbuti (f.) [nī + √vā + ti] | quenching; cooling; lit. blown away state |
| bhuñjamāna (prp. of bhuñjati) | eating; consuming; enjoying |

Khīṇam purāṇam navam natthi sambhavam,

Virattacittāyatike bhavasmim;

Te khīṇabijā avirūlhichandā,

Nibbanti dhīrā yathāyam padīpo;

Idampi saṅghe ratanam pañitam,

Etena saccena suvatthi hotu.

| | |
|-------------------------------|--|
| khīyati | is destroyed; is exhausted |
| khīṇa (pp. of khīyati) | consumed; destroyed |
| khaya (m. from khīyati) | wearing away; destruction |
| purāṇa (adj.) | previous; old; ancient |
| nava (adj.) | new; fresh |
| sambhavati | comes to be; happens; occurs |
| sambhava (m. from sambhavati) | birth; origin; source (of) |
| rajjati | finds pleasure (in); is enamoured (with) |
| virajjati | becomes detached (from); loses interest (in) |
| viratta (pp. of virajjati) | detached (from); without desire (for); lost interest (in) |
| āyati (f.) | future; upcoming |
| āyatika (adj. from āyati) | upcoming; future |
| bīja (nt.) | seed; germ |
| virūlhi (f.) | growth; increase |
| chanda (m.) | (1) interest; desire; wish (2) consent; agreement |
| nibbāti | is extinguished; goes out; lit. blows away |
| dhīra (adj.) | (1) stable; constant; reliable; firm (2) wise; intelligent |
| padīpa (m.) | lamp; light; lighting |

PATĀHAMABHAVASUTTA (AN 3.76)

(AN 3.76)

Atha kho āyasmā ānando yena bhagavā tenupasaṅkami; upasaṅkamitvā bhagavantam
abhvādetvā ekamantam nisidi. Ekamantam nisinno kho āyasmā ānando bhagavantam etadavoca:

| | |
|-------------------------------------|--|
| yena ... ten'upasaṅkamati (idiom) | wherever ... he approaches (him/it) |
| abhivādeti | bows down (to); pays high respect (to) |
| anta (m.) | end; side; extreme |
| ekamantam (ind.) [ekaṁ + anta + am] | to one side; aside |
| vacati | speaks |
| avoca (aor. of vacati) | said (to) |

“bhavo, bhavo'ti, bhante, vuccati. Kittāvatā nu kho, bhante, bhavo hotī”ti?

“Kāmadhātuvepakkañca, ānanda, kammarā nābhavissa, api nu kho kāmabhavo paññāyethā”ti?

“No hetam, bhante”.

| | |
|--|---|
| bhava (m.) | being; becoming; existence |
| vuccati (pass. of vacati) | is said to be; is called |
| tāva (ind.) | that much; that far; still; at least |
| kittāvatā (ind.) [ka + tāva + tā] | in what way?; to what extent? |
| dhātu (f.) | (1) state; property; condition (2) state of being; realm of existence |
| kāmadhātu (f.) | realm of desire; world of sense pleasure |
| √pac | (√) cook; mature; ripen |
| vipaccati [vi + √pac + ya + ti] | bears fruit; gives results |
| vipakka (pp. of vipaccati) | ripened; matured; given fruit |
| vepakka (nt. from vipakka) | ripening; maturing; bearing fruit |
| nābhavissa [na + abhavissa] | would not exist |
| pajānāti | knows clearly; understands; distinguishes |
| paññāyati (pass. of pajānāti) | is clearly known; is evident |
| paññāyetha (opt.reflx.3rd.sg. of paññāyeyya) | it itself would be evident; it could be discerned |

“Iti kho, ānanda, kammaṁ khettaṁ, viññāṇam bījam, taṇhā sneho. Avijjānīvaraṇānam sattānam taṇhāsaṁyojanānam hīnāya dhātuyā viññāṇam patiṭṭhitam¹ evam āyatim punabbhavābhinibbatti hoti. (...)

| | |
|-------------------------------------|--|
| khetta (nt.) | field; plot of land |
| sneha (m.) | moisture |
| nīvaraṇa (m.) | obstacle; obstruction; hindrance; lit. blocking |
| satta (m.) [√as + a + tta] | being; living being; creature |
| saṁyojana (nt.) | fetter; chain; bond; lit. yoking together |
| hīna (adj.) | low; inferior; deficient |
| cetanā (f.) [√cit + *anā] | intending; willing |
| patthanā (f.) | intending; wishing; aspiring; praying; longing |
| patiṭṭhahati [pati + √ṭhā + a + ti] | establishes; sets up; lit. stands before |
| patiṭṭhita (pp. of patiṭṭhahati) | firmly grounded (in); well established (in) |
| āyati (f.) | future; what's coming |
| punabbhava (m.) | appearing again; renewed existence; rebirth; future life |
| abhinibbatti (f.) | birth; becoming; production |

Rūpadhātuvepakkañca, ānanda, kammaṁ nābhavissa, api nu kho rūpabhavo paññāyethā”ti?

“No hetam, bhante”.

“Iti kho, ānanda, kammaṁ khettaṁ, viññāṇam bījam, taṇhā sneho. Avijjānīvaraṇānam sattānam taṇhāsaṁyojanānam majjhimāya dhātuyā viññāṇam patiṭṭhitam evam āyatim punabbhavābhinibbatti hoti. (...)

Arūpadhātuvepakkañca, ānanda, kammaṁ nābhavissa, api nu kho arūpabhavo paññāyethā”ti?

“No hetam, bhante”.

“Iti kho, ānanda, kammaṁ khettaṁ, viññāṇam bījam, taṇhā sneho. Avijjānīvaraṇānam sattānam taṇhāsaṁyojanānam pañītāya dhātuyā viññāṇam patiṭṭhitam evam āyatim punabbhavābhinibbatti hoti. Evam kho, ānanda, bhavo hotī”ti.

¹: AN 3.77: cetanā patiṭṭhitā patthanā patiṭṭhitā

CUNDĪSUTTA (AN 5.32)

(AN 5.32, also in Iti 90, AN 4.34)

Ekaṁ samayaṁ bhagavā rājagahe viharati veļuvane kalandakanivāpe. Atha kho cundī rājakumārī pañcahi rathasatehi pañcahi ca kumārisatehi parivutā yena bhagavā tenupasaṅkami; upasaṅkamitvā bhagavantam abhivādetvā ekamantam nisīdi. Ekamantam nisinnā kho cundī rājakumārī bhagavantam etadavoca:

| | |
|------------------------------|---|
| veļuvana (nt.) [veļu + vana] | Bamboo Grove, a park outside Rājagaha; lit. bamboo forest |
| kalandaka (m.) | squirrel |
| nivāpa (m.) | bait; fodder; feeding |
| kumāra (m.) | young boy; prince |
| kumārī (f.) | young girl; princess |
| ratha (m.) | chariot; coach; carriage |
| kumārisata (nt.) | one hundred maidens |
| parivāreti | surrounds, follows |

“Amhākaṁ, bhante, bhātā cundo nāma rājakumāro, so evamāha:
‘yadeva so hoti itthī vā puriso vā buddham saraṇam gato, dhammam saraṇam gato, saṅgham
saraṇam gato, pāṇātipātā paṭivirato, adinnādānā paṭivirato, kāmesumicchācārā paṭivirato,
musāvādā paṭivirato, surāmerayamajjapamādaṭṭhānā paṭivirato, so kāyassa bhedā param maraṇā
sugatimyeva upapajjati, no duggatin’ti.

| | |
|--|--|
| bhātar (m.) | brother |
| yadeva [yam + eva] | any; whichever |
| itthī (f.) | woman; female |
| saraṇa (nt.) | shelter; refuge; help; lit. going to |
| ramati | enjoys; finds pleasure (in) |
| paṭiviramati [pati + vi + √ram + a + ti] | abstains (from); refrains (from); shuns; avoids |
| paṭivirata (pp. of paṭiviramati) | abstained (from); desisted (from) |
| bheda (m.) | (1) death (2) schism; split; lit. breakup |
| maraṇa (nt.) | death; dying |
| sugati (f.) | good destination; happy fate; heaven; lit. going well |
| upapajjati | is reborn (in); re-arises (in); lit. goes towards |
| duggati (f.) | state of misery; bad destination; hell; lit. going badly |

Sāham, bhante, bhagavantam pucchāmi:

‘kathaṁrūpe kho, bhante, satthari pasanno kāyassa bhedā param marañā sugatimyeva upapajjati,
no duggatim? Kathaṁrūpe dhamme pasanno ... Kathaṁrūpe saṅghe pasanno ... Kathaṁrūpesu
sīlesu paripūrakārī ... no duggatin”ti?

| | |
|---------------------------------------|--|
| sāham [sā + aham] | then I; and I |
| pucchati | asks; enquires; questions |
| kathaṁrūpa | what kind? |
| satthari (m.) [√sās + tar + i] | in the teacher; in the master |
| sīla (nt.) | (1) ethical/moral conduct; virtue (2) behaviour; habit |
| paripūra (adj.) | full; filled up; complete |
| paripūrakārī (adj.) [paripūra + kārī] | who completely fulfils |

“Yāvatā, cundi, sattā apadā vā dvipadā vā catuppadā vā bahuppadā vā rūpino vā arūpino vā
saññino vā asaññino vā nevasaññināsaññino vā, tathāgato tesam aggamakkhāyati araham
sammāsambuddho. Ye kho, cundi, buddhe pasannā, agge te pasannā. Agge kho pana pasannānam
aggo vipāko hoti.

| | |
|------------------------------|--|
| yāvatā (ind.) [yāva + tā] | as long as; as far as; of all; to the extent that |
| pada (nt.) | (1) foot (2) path; track; way |
| sañjānāti | knows; perceives; conceives |
| saññī (adj. from sañjānāti) | percipient (of); conscious (of) |
| tesam (pron.) [ta + esānam] | for them; to them; to those; among them |
| agga (adj.) | highest; supreme |
| akkhāti | says (to); tells (to); explains (to) |
| akkhāyati (pass. of akkhāti) | is considered; is said to be |
| vipāka (m.) [vi + √pac + *a] | result; outcome; consequence; fruit; lit. ripening |

Yāvatā, cundi, dhammā saṅkhatā, ariyo aṭṭhaṅgiko maggo tesam aggamakkhāyati. Ye, cundi, ariye aṭṭhaṅgike magge pasannā, agge te pasannā. Agge kho pana pasannānam aggo vipāko hoti.

Yāvatā, cundi, dhammā saṅkhatā vā asaṅkhatā vā, virāgo tesam aggamakkhāyati, yadidam – madanimmadano pipāsavinayo ālayasamugghāto vaṭṭupacchedo taṇhākkhayo virāgo nirodho nibbānam. Ye kho, cundi, virāge dhamme pasannā, agge te pasannā. Agge kho pana pasannānam aggo vipāko hoti.

Yāvatā, cundi, saṅghā vā gaṇā vā, tathāgatasāvakasaṅgho tesam aggamakkhāyati, yadidam – cattāri purisayugāni aṭṭha purisapuggalā, esa bhagavato sāvakasaṅgho āhuneyyo pāhuneyyo dakkhiṇeyyo añjalikaraṇīyo anuttaram puññakkhettam lokassa. Ye kho, cundi, saṅghe pasannā, agge te pasannā. Agge kho pana pasannānam aggo vipāko hoti.

| | |
|---|--|
| saṅkhata (pp. of saṅkharoti) | created; constructed; conditioned; fabricated; lit. put together |
| mada (m.) [$\sqrt{mad} + a$] | (1) excess; pleasure; indulgence (2) vanity; pride; conceit |
| nimmadana (nt.) [nir + $\sqrt{mad} + ana$] | removing pride; crushing conceit; lit. de-intoxicating |
| pipāsa (adj.) | thirsty; lit. wishing to drink |
| pipāsavinaya (m.) | removal of thirst |
| ālaya (m.) | (1) roost; perch; nest; home (2) attachment (to); clinging (to) |
| samugghāteti | abolishes, uproots, removes |
| samugghāta (m. from samugghāteti) | eradication; extermination; destruction |
| vaṭṭa (nt.) | (1) circle (2) cycle of existence; lit. round |
| vaṭṭupaccheda (m.) | breaking off cycle of existence |
| gaṇa (m.) | group; crowd |
| sāvaka (m.) | disciple; pupil; follower |

Yāvatā, cundi, sīlāni, ariyakantāni sīlāni tesam aggamakkhāyati, yadidam – akhaṇḍāni acchiddāni asabalāni akammāsāni bhujissāni viññuppasatthāni aparāmaṭṭhāni samādhisaṁvattanikāni. Ye kho, cundi, ariyakantesu silesu paripūrakārino, agge te paripūrakārino. Agge kho pana paripūrakārīnam aggo vipāko hotī’ti.

| | |
|------------------------------------|--|
| kanta (adj.) | charming; pleasant; desirable; agreeable |
| khaṇḍeti | breaks into pieces, transgresses |
| akhaṇḍa (adj. from na khaṇḍeti) | unbroken; unfragmented; whole |
| chindati | cuts off; severs |
| acchidda (adj. from na chindati) | unbroken; flawless; without cracks |
| sabala (adj.) | spotted; blotchy; mottled; patchy |
| kammāsa (adj.) | spotted; speckled; blemished |
| bhujissa (adj.) | cleansing; freeing; liberating |
| pasāmsati | praises; approves (of); commends |
| pasattha (pp. of pasāmsati) | praised; commended; exalted |
| parāmasati | touches; strokes; rubs |
| aparāmaṭṭha (pp. of na parāmasati) | irreproachable; untouchable; untarnished; lit. not touched |
| saṁvattanika (adj.) | leading (to); headed (to); conducive (to) |

Aggato ve pasannānam,

aggam dhammarūpi vijānataṁ;

Agge buddhe pasannānam,

dakkhiṇeyye anuttare.

| | |
|-----------------------------|---|
| agga (adj.) | highest; supreme |
| pasāda (m.) | inspiration; faith; trust; confidence; lit. settling |
| pasanna (adj.) | who has faith (in); who has confidence (in); lit. settled |
| vijānāti | comprehends; understands |
| vijānataṁ (pp. of vijānāti) | for those knowing; for those who understand |
| dakkhiṇā (f.) | gift; donation |
| dakkhiṇeyya (adj.) | worthy of offerings |
| anuttara (adj.) | highest; unsurpassed; incomparable; lit. nothing higher |

Agge dhamme pasannānam,

virāgūpasame sukhe;

Agge saṅghe pasannānam,

puññakkhette anuttare.

| | |
|--------------------|--|
| virāga (m.) | fading of desire (for); dispassion (towards) |
| upasamati | becomes calm; ceases; is allayed |
| puñña (nt.) | merit; good deed; spiritual wealth |
| khetta (nt.) | field; plot of land |
| puññakkhetta (nt.) | field of merit |

Aggasmim dānam dadatām,

aggarām puññam pavaḍḍhati;

Aggam āyu ca vaṇṇo ca,

yaso kitti sukham balaṁ.

| | |
|--------------------------|--|
| dadāti | gives; offers; donates |
| dadanta (prp. of dadāti) | giving; offering; bestowing |
| pavaḍḍhati | increases; develops; grows |
| āyu (nt.) | life; longevity; age |
| vaṇṇa (m.) | beauty; good looks; colour; appearance; lit. cover |
| yasas (m.) | fame; reputation; renown |
| kitti (f.) | fame; renown; celebrity |

Aggassa dātā medhāvī,

aggadhammasamāhito;

Devabhūto manusso vā,

aggappatto pamodatī”ti.

| | |
|------------------------------|--|
| dātar (m.) | giver; donor; who gives |
| medhā (f.) | wisdom; intelligence |
| medhāvī (m.) | intelligent man; wise man; lit. who has wisdom |
| samāhita (pp. of samādahati) | composed; centred; settled |
| samāhita (adj. in comps.) | having; who has; endowed (with) |
| patta (pp. of pāpuṇāti) | reached; attained; have arrived (at) |
| pamodati | is delighted (with); is very happy (with) |
| modati [√mud + *a + ti] | is happy; enjoys himself; rejoices |
| muditā (f.) [√mud + ita + ā] | happiness (for); appreciation |

EXERCISES

The Blessed One is staying in Rājagaha.

bhagavā rājagahe viharati

Cundī princess (*rājakumārī*) to the Blessed One said this ...

cundī rājakumārī bhagavantam etadavoca ...

My (*amhākari*) brother, called Cunda, the prince, he said this ...

Amhākarī bhātā cundo nāma rājakumāro, so etadavoca / evamāha ...

A woman (*itthī*) or man (who) has gone (*gato*) to refuge to the Buddha.

itthī vā puriso vā buddham saraṇam gato

the break-up of the body, after death

kāyassa bhedā param maraṇā

at heaven (*sugati*) he appears / arises

sugatim upapajjati

I ask / enquire to the Blessed One ...

Aham bhagavantam pucchāmi ...

the best (*agga*) result / outcome

aggo vipāko

the things (which are) created / conditioned or uncreated / unconditioned

dhammā saṅkhatā vā asaṅkhatā vā

dispassion is considered (*akkhāyati*) the best

virāgo aggamakkhāyati

the craving-destruction

tanhākkhayo

the incomparable merit-field of the world

anuttaram puññakkhettam lokassa

they fulfil (into, loc.) the moral precepts

te sīlesu paripūrenti

confident / faithful in the best teaching

agge dhamme pasannānari

INDULGENCE IN PLEASURE (1)

TWO KINDS OF PLEASANT FEELING

Sāmisarī vā sukharī vedanārī vedayamāno ‘sāmisarī sukharī vedanārī vedayāmī’ti pajānāti.

Nirāmisarī vā sukharī vedanārī vedayamāno ‘nirāmisarī sukharī vedanārī vedayāmī’ti pajānāti.

(DN 22)

| | |
|-----------------------------------|---|
| sāmisa (adj.) [sa + āma + isa] | carnal; material; worldly; lit. with raw meat |
| nirāmisa (adj.) [nir + āma + isa] | not wordly; non-physical; spiritual |

PĀSĀDIKASUTTA (DN 29)

After the leader of the Jain sect, Nigaṇṭha Nāṭaputta died, his disciples are arguing and quarreling. Their lay supporters are disappointed in them and with a teaching poorly explained.

Ven. Ānanda and the novice Cunda goes to tell the Buddha about it.

He explains the various shortcomings of an incomplete spiritual path. One is fortunate (*lābhā*) if one turns away from it. He explains the advantages of a complete teaching. One is fortunate if one practises following that system of training.

Spiritual companions (*sabrahmacāri*) should recite the teachings together (*saṅgāyitabbadhamma*). They should reach agreement on correct understanding through discussion (*saññāpetabbavidhi*).

The Buddha gave teachings and made certain requisites allowable for the purpose of restraining defilements in the present and future.

Dīṭṭhadhammikānam cevāhami, cunda, āsavānam samvarāya dhammarūpa desemi;

samparāyikānañca āsavānam paṭighātāya.

The Jain practice is characterized by deprivation and self-torment, which can be impressive to witness. Comparatively, the disciples of the Buddha are living in comfort. He responds to the possible criticism that the spiritual path he teaches indulges in worldly vices, while at the same time showing that this path cultivates the type of pleasant feelings which lead to awakening and liberation.

Indulgence in pleasure (sukhallikānuyoga)

Cattārome, cunda, sukhallikānuyogā hīnā gammā pothujjanikā anariyā anatthasamhitā na nibbidāya na virāgāya na nirodhāya na upasamāya na abhiññāya na sambodhāya na nibbānāya saṁvattanti. Katame cattāro? Idha, cunda, ekacco bālo pāṇe vadhitvā vadhitvā attānam sukheti pīneti. [...] adinnam ādiyitvā [...] musā bhaṇitvā [...]

Puna caparam, cunda, idhekacco pañcahi kāmaguṇehi samappito samaṅgībhūto paricāreti. [...]

| | |
|--|---|
| cattārome [cattāro + ime] | these four |
| sukhallikā (f.) [sukh + a + lla + ikā] | worldly pleasure; hedonism |
| anuyoga (m.) | practice of; devotion to; pursuit of; lit. yoking near |
| sukhallikānuyoga (m.) | devotion to pleasure |
| ekacco (pron.) | certain; one of; some of them |
| pāṇa (m.) | breath; living being |
| vadheti | kills; slaughters; slays |
| sukheti | makes happy |
| pīneti | gladdens; pleases; satisfies |
| ādiyati | (1) takes; grasps; embraces (2) steals; takes |
| bhaṇati | preaches |
| samappita (pp. of samappeti) | provided (with); filled (with); having |
| samaṅgībhūta (adj.) [samaṅga + bhūta] | endowed (with); provided (with); possessing |
| paricāreti | enjoys oneself; amuses oneself; indulges (in); lit. causes to go around |

Thānam kho panetam, cunda, vijjati yam aññatitthiyā paribbājakā evam vadeyyum:

‘ime cattāro sukhallikānuyoge anuyuttā samaṇā sakyaputtiyā viharantīti.

| | |
|---------------------------------------|--|
| ṭhānam vijjati (idiom) | it is possible; lit. a basis exists |
| tittha (nt.) | bank; shore; lit. crossing place |
| titthiya (m.) | teacher of another sect; lit. fording place |
| aññatitthiya (adj.) [añña + titthiya] | follower of another sect; lit. another fording place |
| anuyutta (adj.) | devoted to; practised; lit. yoked near |

Te vo 'mā hevam' tissu vacanīyā. [Te vo 'mā hi evam'iti assu vacanīyā.]

Na te vo sammā vadamānā vadeyyuṁ, abbhācikkheyyuṁ asatā abhūtena.

Cattārome, cunda, sukhallikānuyogā ekantanibbidāya virāgāya nirodhāya upasamāya abhiññāya sambodhāya nibbānāya samvattanti. Katame cattāro?

tissu [iti + assu]

| | |
|--|---|
| vacanīya (ptp. of vacati) | should be said; should be answered |
| vadamāna (prp. of vadati) | speaking; saying |
| ācikkhati | informs; tells (to); talks about |
| abbhācikkhati [abhi + ācikkhati] | misrepresents; falsely accuses |
| asatā (ind.) [na + √as + a + tā] | falsely; unjustly; lit. as not being |
| abhūtena (ind.) [na + √bhū + ta + ena] | falsely; untruthfully; lit. with something nonexistent |
| ekantanibbidā (f.) | complete dis-enchantment; total disinterest; lit. only dispassion |

Idha, cunda, bhikkhu vivicceva kāmehi vivicca akusalehi dhammehi savitakkam savicāram vivekajam pītisukham paṭhamam jhānam upasampajja viharati. Ayam paṭhamo sukhallikānuyogo.

Puna caparam, cunda, bhikkhu vitakkavicārānam vūpasamā ajjhattam sampasādanaṁ cetaso ekodibhāvam avitakkam avicāram samādhijam pītisukham dutiyam jhānam upasampajja viharati.

Ayam dutiyo sukhallikānuyogo.

√vic

| | |
|------------------------------------|---|
| viviccati [vi + √vic + ya + ti] | is separate (from); is detached (from); is disengaged (from) |
| vivicca (ger. of viviccati) | separating (from); aloof (from) |
| viveka (m.) [vi + √vic + *a] | (1) seclusion; solitude; detachment (2) discrimination; understanding |
| vivekaja (adj.) [viveka + ja] | born from seclusion; (or) born from discrimination |
| vūpasama (m.) | peace (of); calming (of); subsiding (of); settling (of) |
| ajjhhatta (adj.) [adhi + atta] | inner; internal; personal; in oneself |
| pasidati | (1) is bright; is calm; becomes clear (2) gains confidence; is inspired (3) is pleased; is happy; is appeased (4) settles down; subsides; calms down |
| sampasādana (nt. from sampasidati) | calming; tranquillising; pacifying; settling |
| cetaso (m.) | of the mind; for (one having such a) mind |
| ekodibhāva (m.) [ekodi + bhāva] | singleness; integration; unification; lit. unified state |

EXERCISES

This bhikkhu comes from the town Ericeira.

Eso bhikkhu Ericeira nigamasmā āgacchati.

He needed food (there was a need), and a coffee-drink.

Attho mām bhattena ca kāphī-pānena ca. / Bhattañca kāphī-pānañca attho hoti.

Having walked for alms,

(So,) Piṇḍaya caritvā,

he gained (*labbhati*) many fruits and a coffee-drink from lay supporters.

bahu phalāni ca kāphī-pānañca upāsakehi labbhati.

From here, he goes to the eating-hall to eat.

Tato dāna-sālam / bhattaggam bhuñjituṁ gacchati.

After the meal, the hall should be swept.

Pacchābhattam, tanṭhānam / dāna-sālam sammajjitabbam.

Having eaten, having entered his hut, he meditates (*jhāyati*).

Bhuñjitvā, so kuṭīm pavisitvā, jhāyati.

The lay woman offers many material (*āmisa*) offerings for the support of the holy life.

Upāsikā / -āyo bahu āmisā dānā deti brahmacariyānuggahāya.

He understands that pleasant feeling.

So tam sukham vedanam pajānāti.

The Blessed One teaches the Teaching for the restraint of defilements.

Bhagavā āsavānam saṁvarāya dhammam deseti.

Someone (*ekacca*), the fool, having killed (*vadhītvā*) breathing-things, makes himself happy (*sukheti*).

Ekacco bālo pāne vadhitvā attānam sukheti.

And further, here someone, with the five strands of sensuality amuses himself (*paricāreti*).

Puna caparam, idhekacco pañcahi kāmaguṇehi attānam paricāreti.

It doesn't lead to disenchantment and dispassion.

Na nibbidāya na virāgāya saṁvattati.

Sectarians (gone-forth) might / could speak like this:

Paribbājakā evāṁ vadeyyūm:

We don't see the advantages (*ānisam̄sa*) in this Discipline of the Noble Ones.

Na passāma ānisam̄sā ete ariyassa vinaye.

For one of excellent morality (*sīlasampanna*), non-remorse (*avippatisāra*) arises.

Yāṁ sīlasampannassa avippatisāro uppajjati.

For one of non-remorse, gladness (*pāmojja*) is born.

Yāṁ avippatisārissa pāmojjam jāyati.

INDULGENCE IN PLEASURE (2)

PĀSĀDIKASUTTA, CONT. (DN 29)

Puna caparam, cunda, bhikkhu pītiyā ca virāgā upekkhako ca viharati, sato ca sampajāno, sukhañca kāyena paṭisamvedeti, yam tam ariyā ācikkhanti ‘upekkhako satimā sukhavihārī’ti tatiyam jhānam upasampajja viharati. Ayam tatiyo sukhallikānuyogo.

Puna caparam, cunda, bhikkhu sukhassa ca pahānā dukkhassa ca pahānā pubbeva somanassadomanassānam atthaṅgamā adukkhamasukham upekkhāsatipārisuddhiṁ catutthaṁ jhānam upasampajja viharati. Ayam catuttho sukhallikānuyogo.

| | |
|--|--|
| upekkhaka (adj.) | balanced; equanimous; non-reactive; looking on; lit. onlooker |
| sampajāna (adj.) | clearly aware; fully knowing; completely comprehending |
| pahāna (nt. from pajahati) | giving up (of); letting go (of); removal (of); abandoning (of) |
| pubbeva [pubba + eva] | just before; previous to; as before |
| somanassa (nt.) [su + √man + as + *ya] | (mental) pleasure; happiness; joy |
| domanassa (nt.) | (mental) suffering; distress; depression; grief |
| attham gacchati (idiom) | disappears; dissolves; vanishes; lit. goes home |
| atthaṅgama (m.) [attham + gama] | disappearance; settling down; subsiding; lit. going home |
| upekkhāsatipārisuddhi (f.) | purification of awareness by equanimity |

Ime kho, cunda, cattāro sukhallikānuyogā ekantanibbidāya virāgāya nirodhāya upasamāya abhiññāya sambodhāya nibbānāya samvattanti.

Thānam kho panetam, cunda, vijjati yam aññatitthiyā paribbājakā evam vadeyyum: ‘ime cattāro sukhallikānuyoge anuyuttā samañā sakyaputtiyā viharantī’ti.

Te vo ‘evam’ tissu vacanīyā. Sammā te vo vadamānā vadeyyum, na te vo abbhācikkheyum asata abhūtena.

Sukhallikānuyogānisaṁsa

Thānam kho panetam, cunda, vijjati, yam aññatitthiyā paribbājakā evam vadeyyum: ‘ime panāvuso, cattāro sukhallikānuyoge anuyuttānam viharataṁ kati phalāni katānisāṁsa pāṭikaṅkhā’ti?

Evaṁvādino, cunda, aññatitthiyā paribbājakā evamassu vacanīyā:

| | |
|--|---|
| ānisamsa (m.) | benefit (in); good result (of) |
| katī (pron.) [ka + ti] | How many? |
| paṭikaṅkhati | anticipates; expects; awaits; wishes for |
| pāṭikaṅkha (adj. ptp. of paṭikaṅkhati) | to be expected; can be anticipated; lit. to be wished |

‘ime kho, āvuso, cattāro sukhallikānuyoge anuyuttānam viharataṁ cattāri phalāni cattāro

ānisamsā pāṭikaṅkhā. Katame cattāro?

Idhāvuso, bhikkhu tiṇṇam samyojanānam parikkhayā sotāpanno hoti avinipātadhammo niyato
sambodhiparāyaṇo. Idam paṭhamam phalam, paṭhamo ānisamso.

| | |
|----------------------------------|--|
| samyojana (nt.) | fetter; chain; bond; lit. yoking together |
| parikkhaya (m.) | exhaustion; slow destruction; extinction; depletion |
| sotāpanna (adj.) [sota + āpanna] | who has entered the stream |
| vinipāta (m.) | state of suffering; purgatory; underworld; lit. bad fall |
| avinipātadhamma (adj.) | not liable to states of suffering; lit. not bad fall nature |
| niyata (adj.) | (1) controlled; restrained (2) certain; unavoidable; of fixed destiny; lit. controlled down |
| parāyaṇa (adj.) | destined (for); culminating (in); going towards; lit. going beyond |
| sambodhiparāyaṇa (adj.) | destined for full awakening |

Puna caparam, āvuso, bhikkhu tiṇṇam samyojanānam parikkhayā rāgadosamohānam tanuttā

sakadāgāmī hoti, sakideva imam lokam āgantvā dukkhassantaṁ karoti. Idam dutiyam phalam,
dutijo ānisamso.

Puna caparam, āvuso, bhikkhu pañcannam orambhāgiyānam samyojanānam parikkhayā
opapātiko hoti, tattha parinibbāyī anāvattidhammo tasmā lokā. Idam tatiyam phalam, tatiyo
ānisamso.

| | |
|--------------------------------------|--|
| tanutta (nt.) | reduction; diminution; decrease; lit. thinness; thin state |
| sakadāgāmī (adj.) | once-returner |
| sakideva [saki + eva] | only once; just one time |
| dukkhassanta (m.) [dukkhassa + anta] | end of suffering |
| orambhāgiya (adj.) | lower; lit. connected to the lower part |
| opapātika (adj.) | spontaneously reborn; spontaneously generated |
| anāvattidhamma (adj.) | not destined to return; lit. non-returning nature |

Puna caparam, āvuso, bhikkhu āsavānam khayā anāsavaṁ cetovimuttīm paññāvimuttīm diṭṭheva dhamme sayam abhiññā sacchikatvā upasampajja viharati. Idam catutthaṁ phalam catuttho ānisamso.

Ime kho, āvuso, cattāro sukhallikānuyoge anuyuttānam viharataṁ imāni cattāri phalāni, cattāro ānisarīsā pāṭikaṅkhā'ti.

| | |
|---------------------|---|
| anāsava (adj.) | taint-less; undefiled |
| cetovimuttī (adj.) | liberated by mind |
| paññāvimuttī (adj.) | liberated by wisdom |
| sayam (ind.) | by one's own; oneself; one's own |
| abhiññā (f.) | direct knowledge; higher understanding; lit. complete knowledge |

EXERCISES

Friend, let us go to the Bamboo Grove.

Āvuso, veluvanam gacchāma.

I will not go, but let the master go.

Aham na gacchissāmi, kho pana / atha kho ayyo gacchatu.

It is going to rain, the master should take an umbrella.

Devo vassissati, ayyo chattam hareyya / haratu.

Don't forget (neglect) your sandals.

Tumhākam upāhanāyo / pādukāyo mā arīncasi.

Welcome Sir. You seem tired, (body/limbs) covered with veins.

Svāgatam bhante. Tumhe kilantam dissati, dhamanisanthatam.

Having returned, I will prepare a cup of juice for you.

Paccāgantvā, tuyham udaka'mallako / yūsam / pānam patiyādessāmi.

Good idea (well-thought). You are an intelligent man.

Sucintitam. Tumhe eko puriso pañdito / medhāvī.

Where is the sugar or honey?

Kattha phānitam vā madhum vā?

I'm sorry. We don't have. / There isn't.

Khamāpana / Vippatisāram. Mayam na labhāma. / Etam natthi.

Never mind. I will drink it without sugar.

Titthatu. Aham tam phānitam vinā pivissāmi.

Please give me the bean-broth (i.e. soya milk).

Detha me muggayūsam.

Sir, is this your cup?

Bhante, imam mallakaṁ tumhākam / mallako āyasmatassa?

No, friend. My cup is here. That is yours.

No hetam āvuso. Mama mallako idhāsi. Tam tumhākam.

Please wash this cup and spoon.

Dhovetha imam mallakañca dabbiñca / katacchuñca.

Thank you friend, I am delighted.

Anumodāmi, ayaṁ pamodito / pamudito.

May you abide equanimous, mindful and happy.

Upekkhako sato sukrito viharatu.

INDULGENCE IN PLEASURE (3)

JHĀNĀDISUTTA (SN 53.1-12)

Seyyathāpi, bhikkhave, gaṅgā nadī pācīnaninnā pācīnapoṇā pācīnapabbhārā;
evameva kho, bhikkhave, bhikkhu cattāro jhāne bhāvento cattāro jhāne bahulikaronto
nibbānaninno hoti nibbānapoṇo nibbānapabbhāro.

| | |
|-----------------|--|
| nadī (f.) | river |
| pācīna (adj.) | eastern |
| ninna (adj.) | sloping towards; inclining to; lit. bent down |
| poṇa (adj.) | sloping down to; inclining down to; leading to |
| pabbhāra (adj.) | sloping towards; inclining towards; leading to |
| pabbhāra (m.) | mountain side; mountain slope |
| bhāventa | (prp. of bhāveti) cultivating; developing |

CETANĀKARAÑĪYASUTTA (AN 10.2)

“Sīlavato, bhikkhave, sīlasampannassa na cetanāya karañiyāṁ: ‘avippaṭisāro me uppajjatū’ti.

Dhammatā esā, bhikkhave, yamī sīlavato sīlasampannassa avippaṭisāro uppajjati.

Avippaṭisārissa, bhikkhave, na cetanāya karañiyāṁ: ‘pāmojjāṁ me uppajjatū’ti. Dhammatā esā,
bhikkhave, yamī avippaṭisārissa pāmojjāṁ jāyati.

| | |
|-----------------------|--|
| sīlavata (nt.) | precepts and practices; ethics and observances |
| sampanna (adj.) | (1) fully grown; ripe; lit. succeeded (2) accomplished (in); fulfilled |
| sīlasampanna (adj.) | accomplished in virtue; lit. succeeded in behaviour |
| cetanā (f.) | intending; willing |
| karañiya (nt. / ptp.) | (1) duty; obligation; lit. to be done (2) should be done |
| vippaṭisāra (m.) | remorse; regret; lit. remembering back negatively |
| pāmojja (nt.) | joy; happiness; gladness |

Sīlavato ... avippaṭisāro ... pāmojjāṁ jāyati ... pīti uppajjati ... kāyo passambhati ... sukhamī
vediyati ... cittamī samādhiyati ... yathābhūtamī jānāti passati ... nibbindati virajjati ...
vimuttiñāṇadassanamī sacchikaroti.

Iti kho, bhikkhave, nibbidāvirāgo vimuttiñāṇadassanattho vimuttiñāṇadassanānisamso;

yathābhūtañāṇadassanam nibbidāvirāgattham nibbidāvirāgānisamsam;

samādhi ... sukham ... passaddhi ... pīti ... pāmojjam ... avippaṭisāro ...

kusalāni sīlāni avippaṭisāratthāni avippaṭisārānisamsāni.

Iti kho, bhikkhave, dhammā dhamme abhisandenti, dhammā dhamme paripürenti apārā pāram

gamanāyā”ti.

| | |
|------------------------------------|---|
| attha | (8) for the purpose of; for the sake of; for the benefit of |
| passambhati [pa + √sambh + a + ti] | calms down; relaxes; becomes quiet |
| passaddhi (f.) [pa + √sambh + ti] | calmness; tranquillity; peace; stillness; serenity |
| abhisandeti | fills up; fills to the brim; overflows; lit. causes to overflow |
| apāra (nt.) | near shore |
| pāra (nt.) | far shore |
| gamanāya (nt.) | to go (to); for going to see; for visiting |

EXERCISES

Break down the sentence and fill out the details where applicable. (pos = part of speech)

Iti ajjhattam vā dhammesu dhammānupassī viharati, bahiddhā vā dhammesu dhammānupassī viharati, ajjhatabahiddhā vā dhammesu dhammānupassī viharati. Samudaya-dhammānupassī vā dhammesu viharati, vaya-dhammānupassī vā dhammesu viharati, samudaya-vaya-dhammānupassī vā dhammesu viharati.

| word | pos | | meaning | construction |
|---------------|------|--------------|---------------------|-------------------|
| Iti | ind | | this | |
| ajjhattam | ind | adv.acc.sg. | internally | adhi + atta |
| → ajjhatta | adj | | internal | |
| vā | ind | conj. | or | |
| dhammesu | noun | masc.loc.pl. | in mental phenomena | |
| dhammānupassī | adj | | observing phenomena | dhamma + anupassī |
| → anupassī | adj | | observing | anupassati |
| → anupassati | verb | pr.3rd.sg. | sees; observes | |
| viharati, | verb | pr.3rd.sg. | dwells | |
| bahiddhā | ind | adv. | externally | bahiddha |
| → bahiddha | adj | | external | |
| samudaya | noun | masc. | origin; appearance | |
| vaya | noun | masc. | dissolution | |

‘Atthi dhammā’ti vā panassa sati paccupaṭṭhitā hoti

| word | pos | | meaning | construction |
|---------|--------|-------------|------------------|--------------|
| ‘Atthi | verb | pr.3rd.pl. | there are | ✓as + ti |
| dhammā | noun | masc.pl. | mental phenomena | |
| ’ti | ind | | quote mark | iti |
| vā | ind | conj. | or | |
| panassa | sandhi | | and for him | pana + assa |
| → pana | ind | | moreover; and so | |
| → assa | pron | masc.dat. | for him | ima + ssa |
| sati | noun | fem.nom.sg. | mindfulness | |

Continued on next page

Continued from previous page

| word | pos | | meaning | construction |
|-----------------|------|------------------|-----------------------------|------------------|
| paccupaṭṭhitā | adj | pp.; fem.nom.sg. | is present; is established | pati + upaṭṭhāti |
| → paccupaṭṭhāti | verb | pr.3rd.sg. | attends to | |
| → upaṭṭhāti | verb | pr.3rd.sg. | is nearby; lit. stands near | |
| hoti | verb | pr.3rd.sg. | is; exists | √hū + a + ti |

yāvadeva nāṇamattāya paṭissatimattāya

| word | pos | | meaning | construction |
|------------------|--------|-------------|--------------------------------|--------------|
| yāvadeva | sandhi | | only for; as much as | yāva + eva |
| nāṇamattāya | noun | fem.dat.sg. | for a degree of (mere) knowing | |
| → nāṇa | noun | nt. | knowledge; understanding | |
| → mattā | noun | | quantity; degree of | |
| paṭissatimattāya | noun | fem.dat.sg. | for a degree of mindfulness | |
| → paṭissati | noun | fem. | self-awareness; remembering | pati + sati |

anissito ca viharati, na ca kiñci loke upādiyati.

| word | pos | | meaning | construction |
|-------------|------|--------------|-----------------------|----------------|
| anissito | adj | pp.neg.nom. | detached; independent | a + nissita |
| → nissayati | verb | pr.3rd.sg. | depends on; relies on | |
| ca | ind | conj. | and | |
| viharati, | verb | pr.3rd.sg. | dwells | |
| na | ind | neg. | not | |
| ca | ind | conj. | and | |
| kiñci | ind | | something; anything | ka + im + ci |
| loke | noun | masc.loc.sg. | in the world | |
| upādiyati. | verb | pr.3rd.sg. | grasps; clings to | upa + ādiyati |
| → ādiyati | verb | pr.3rd.sg. | takes; grasps | √ādā + ya + ti |

UTTIYASUTTA (SN 47.16)

Sāvatthinidānam.

Atha kho āyasmā uttiyo yena bhagavā tenupasaṅkami ... ekamantam nisinno kho āyasmā uttiyo bhagavantam etadavoca:

“sādhu me, bhante, bhagavā saṅkhittena dhammāni desetu, yamahari bhagavato dhammāni sutvā eko vūpakaṭṭho appamatto ātāpī pahitatto vihareyyan”ti.

| | |
|--------------------|---|
| saṅkhittena (ind.) | in brief; concisely; briefly |
| vūpakaṭṭha (adj.) | pp. of vūpakāseti, caus; secluded (from); isolated (from) |
| pahitatta (adj.) | resolute; determined; lit. applied self |

“Tasmātiha tvām, uttiya, ādimeva visodhehi kusalesu dhammesu.

| | |
|-----------------------------------|--|
| ādimeva (sandhi.abl.) [ādi + eva] | from the very beginning |
| ādi (m.) | beginning; starting point |
| visodheti | cleans; purifies; lit. causes to be pure |

Ko cādi kusalāni dhammāni? Sīlañca suvisuddham, diṭṭhi ca ujukā.

| | |
|-----------------------------|------------------|
| ujuka (adj.) [/uj + u + ka] | straigh; upright |
|-----------------------------|------------------|

Yato ca kho te, uttiya, sīlañca suvisuddham bhavissati, diṭṭhi ca ujukā, tato tvām, uttiya, sīlam nissāya sile patiṭṭhāya cattāro satipaṭṭhāne bhāveyyāsi.

Katame cattāro? Idha tvām, uttiya, kāye kāyānupassī viharāhi ātāpī sampajāno satimā, vineyya loke abhijjhādo-manassam;

... vedanāsu ... citte ... dhammesu dhammānupassī viharāhi ātāpī sampajāno satimā, vineyya loke abhijjhādo-manassam.

Yato kho tvām, uttiya, sīlam nissāya sile patiṭṭhāya ime cattāro satipaṭṭhāne evam bhāvessasi, tato tvām, uttiya, gamissasi maccudheyassa pāran”ti.

| | |
|------------------------------------|---|
| maccudheyya (nt.) [maccu + dheyya] | realm of death; power of death |
| dheyya (nt.) | realm (of); sphere (of); power (of); influence (of); lit. to be put |
| pāra (nt.) | over; beyond; far shore |

Atha kho āyasmā uttiyo bhagavato bhāsitaṁ abhinanditvā anumoditvā utṭhāyāsanā bhagavantam abhivādetvā padakkhiṇam katvā pakkāmi.

| | |
|--------------------------------------|---|
| utṭhāyāsanā (ger.) [utṭhāya + āsanā] | rising from one's seat |
| padakkhiṇam katvā (idiom.) | having circled around to the right |
| pakkāmi (aor.+abl. of pakkamati) | left; departed (from); went away (from) |

Atha kho āyasmā uttiyo eko vūpakaṭṭho appamatto ātāpī pahitatto viharanto nacirasseva – yassatthāya kulaputtā sammadeva agārasmā anagāriyam pabbajanti, tadanuttaram – brahmacariyapariyosānam diṭṭheva dhamme sayam abhiññā sacchikatvā upasampajja vihāsi.

| | |
|--|--|
| nacirasseva (sandhi) [na + cira + ssa + eva] | after no long time |
| yassatthāya (ind.) [yassa + attha + āya] | for which purpose |
| sammadeva (sandhi) [sammā + eva] | properly; rightly |
| tadanuttaram | idiom. that unsurpassed goal of the spiritual path |
| brahmacariyapariyosānam (idiom) | |
| pariyosānam | |
| sayam (ind.) [sa + a + aṁ] | by one's own; oneself |

“Khīṇā jāti, vusitam brahmacariyam, katam karaṇīyam, nāparam itthattāyā”ti abbhaññāsi.

| | |
|--------------------------|--|
| abbhaññāsi (aor.2nd.sg.) | understood experientially; realized |
| abhijānāti | directly knows; understands experientially |

Aññataro ca panāyasmā uttiyo arahataṁ ahosīti.

EXERCISES

(Pabbajitaabhiñhasutta 1-5, AN 10.48)

Break down the sentence and fill out the details where applicable. (pos = part of speech)

'Dasayime, bhikkhave, dhammā pabbajitena abhiñham paccavekkhitabbā. Katame dasa?

| word | pos | | meaning | construction |
|-------------------|--------|----------------|--------------------------|-----------------------------|
| Dasayime, | sandhi | | these ten | dasa + ime |
| bhikkhave, | noun | masc.voc.pl. | monks! | |
| dhammā | noun | masc.nom.pl. | things, qualities | |
| pabbajitena | noun | masc.instr.sg. | by a monastic / exiled | pp. of pabbajati |
| abhiñham | ind | | continuously; repeatedly | |
| paccavekkhitabbā. | adj | ptp. | should be reviewed | pati + ava + √ikkh + itabba |
| → ikkhati | verb | | looks at | |
| Katame | pron | nt.nom.pl. | Which one (of many)? | ka + tama |
| dasa? | ord | | ten | |

'Vevanñiyamhi ajjhupagato'ti pabbajitena abhiñham paccavekkhitabbam.

| word | pos | | meaning | construction |
|----------------|------|-------|--|------------------|
| 'Vevanñiyamhi | | | I am not coloured | vevanñiya + amhi |
| → vevañniya | | nt. | change of social order lit. discolouration; removed colour | |
| → vanña | noun | masc. | colour; appearance | lit. cover |
| ajjhupagato'ti | pp. | | who has reached / arrived at | adhi + upagata |

'Parapañibaddhā me jīvikā'ti pabbajitena abhiñham paccavekkhitabbam.

| word | pos | | meaning | construction |
|-----------------|------|------|--|--------------|
| 'Parapañibaddhā | adj | | bound to other people; supported by others | |
| → para | pron | | other; another person | |
| → pañibandhati | verb | | attaches; binds (onto); lit. ties back | |
| me | pron | | my; mine | |
| jīvikā'ti | noun | fem. | livelihood; way of life | √jīv + ikā |

'Añño me ākappo karaṇīyo'ti pabbajitena abhiñham paccavekkhitabbam.

| word | pos | | meaning | construction |
|-----------------|--------------|---------------------|------------------------------|--------------|
| 'Añño | <u>pron</u> | <u>nom.</u> | <u>another; other</u> | |
| me | <u>pron</u> | | <u>my; mine</u> | |
| ākappo | <u>noun</u> | <u>masc.nom.sg.</u> | <u>conduct; behaviour</u> | |
| karaṇīyo'ti | <u>adj</u> | | <u>should be done</u> | |
| → yogo karaṇīyo | <u>idiom</u> | | <u>effort should be made</u> | |

'Kacci nu kho me attā sīlato na upavadati'ti pabbajitena abhiñham paccavekkhitabbam.

| word | pos | | meaning | construction |
|---------------|--------------|---------------------|---|--------------|
| 'Kacci nu kho | <u>idiom</u> | | <u>Is it so? Perhaps?</u> | |
| me | <u>pron</u> | | <u>me; mine</u> | |
| attā | <u>noun</u> | <u>masc.nom.pl.</u> | <u>self</u> | |
| sīlato | <u>noun</u> | <u>nt.abl.</u> | <u>from/about my conduct</u> | |
| na | <u>neg</u> | | | |
| upavadati'ti | <u>verb</u> | | <u>blames; criticizes; finds fault (with)</u> | |

'Kacci nu kho mām anuvicca viññū sabrahmacārī sīlato na upavadantīti pabbajitena abhiñham paccavekkhitabbam.

| word | pos | | meaning | construction |
|---------------|--------------|---------------------|---|---------------------------|
| 'Kacci nu kho | <u>idiom</u> | | <u>Is it so? Perhaps?</u> | |
| mām | <u>pron</u> | | <u>me; mine</u> | |
| anuvicca | <u>adj</u> | <u>ger.</u> | <u>investigating; finding out</u> | <u>anuvijjati</u> |
| viññū | <u>adj</u> | | <u>wise; intelligent</u> | |
| sabrahmacārī | <u>noun</u> | <u>masc.nom.pl.</u> | <u>holy co-travellers</u> | <u>sa + brahma + cārī</u> |
| sīlato | <u>noun</u> | <u>nt.abl.</u> | <u>from/about my conduct</u> | |
| na | <u>neg</u> | | | |
| upavadantīti | <u>verb</u> | | <u>blames; criticizes; finds fault (with)</u> | |

RIGHT THOUGHT (SN 14.12, ITI 87)

SAMMĀ-SAṄKAPPA DEFINITION

Katamo ca, bhikkhave, sammāsaṅkappo? Nekkhammasaṅkappo abyāpādasaṅkappo avihimsāsaṅkappo. Ayam vuccati, bhikkhave, sammāsaṅkappo. (DN 22)

| | |
|-----------------|---|
| sammā (ind.) | (1) completely; thoroughly (2) perfectly; rightly; correctly |
| saṅkappa (m.) | (1) intention; purpose (2) thought; conception |
| nekkhamma (nt.) | renunciation; giving up (worldly attachments); lit. going out state |
| → nikkhamati | goes out (from); leaves; exits [nī + √kam + a + ti] |
| abyāpāda (m.) | non-ill-will; goodwill; kindness; friendliness |
| avihimsā (f.) | non-violence; harmlessness |
| ayaṁ (pron.) | this; this person; this thing |
| vuccati | (pr.pass. of vacati) is said to be; is called |

SANIDĀNASUTTA (SN 14.12)

Sāvatthiyaṁ viharati.

“Sanidānam, bhikkhave, uppajjati kāmavitakko, no anidānam;
sanidānam uppajjati byāpādavitakko, no anidānam;
sanidānam uppajjati vihimsāvitakko, no anidānam.

| | |
|--------------|---|
| nidāna (nt.) | (1) nt. source; origin (2) adj. originating from; caused by |
| uppajjati | (1) appears; arises (2) is reborn; re-arises |
| vitakka (m.) | thought; reflection; pondering |

Kathañca, bhikkhave,
sanidānam uppajjati kāmavitakko, no anidānam;
sanidānam uppajjati byāpādavitakko, no anidānam;
sanidānam uppajjati vihimsāvitakko, no anidānam?

Kāmadhātūm, bhikkhave, paṭicca uppajjati kāmasaññā,
kāmasaññam paṭicca uppajjati kāmasaṅkappo,
kāmasaṅkappam paṭicca uppajjati kāmacchando,
kāmacchandam paṭicca uppajjati kāmapariḷāho,
kāmapariḷāham paṭicca uppajjati kāmapariyesanā.

| | |
|-----------------|--|
| dhātu (f.) | (1) state; property (2) state of being; realm of existence |
| paṭicca (ger.) | depending on; relying on; because of |
| chanda (m.) | interest in; desire for |
| pariḷāha (m.) | (1) affliction of; discomfort of; (2) fever for; burning passion for |
| pariyesanā (f.) | searching; seeking; inquiring [pari + esati] |
| → esati | seeks; looks for; probes for |

Kāmapariyesanām, bhikkhave, pariyesamāno assutavā puthujano
tīhi ṭhānehi micchā paṭipajjati – kāyena, vācāya, manasā.

| | |
|----------------|--|
| puthujana (m.) | ommon man; ordinary man |
| tīhi (card.) | by three; with three [ti + īhi] |
| ṭhāna (nt.) | (1) place (2) reason; ground (3) group (4) state; condition |
| micchā (ind.) | false; untrue; wrong |
| paṭipajjati | (1) follows a path (2) practices; follows a course of action |

Byāpādadhatum, bhikkhave, paṭicca uppajjati byāpādasāññā, ... -saṅkappo ... -chando ... -parilāho ... -pariyesanā ... pariyesamāno assutavā puthujano tīhi ṭhānehi micchā paṭipajjati – kāyena, vācāya, manasā.

Vihimśādhātūn, bhikkhave, paṭicca uppajjati vihimśāsaññā, ... -saṅkappo ... -chando ... -parilāho ... -pariyesanā ... pariyesamāno assutavā puthujano tīhi ṭhānehi micchā paṭipajjati – kāyena, vācāya, manasā.

Seyyathāpi, bhikkhave, puriso ādittam tiṇukkam sukkhe tiṇadāye nikhippeyya;
no ce hatthehi ca pādehi ca khippameva nibbāpeyya.

Evañhi, bhikkhave, ye tiṇakaṭṭhanissitā pāñā te anayabyasanā āpajjeyyum.

| | |
|--------------------------|--|
| tiṇukkā (f.) | grass torch [tiṇa + ukkā] |
| sukkha (adj.) | dry; dried |
| tiṇadāya (m.) | grassland; meadow; savanna; lit. grass and tree [tiṇa + dāya] |
| nikhipati | (1) throws down; discards; drops (2) puts down (3) keeps; stores |
| hattha (m.) | hand |
| pāda (m.) | foot |
| khippameva (sandhi) | very quickly; extremely rapidly |
| nibbāpeti | (of fire) grows cold; lit. causes to blow away |
| tiṇakaṭṭhanissita (adj.) | living in the grass and wood [tiṇa + kaṭṭha + nissita] |
| pāñā (m.) | (1) breath (2) life (3) being; living being |
| anayabyasana (nt.) | misfortune and disaster; tragedy and ruin [anaya + byasana] |
| āpajjati | experiences; gets (pleasure); suffers (pain) |

Evameva kho, bhikkhave, yo hi koci samaṇo vā brāhmaṇo vā
uppannam visamagataṁ saññam na khippameva pajahati vinodeti byantīkaroti anabhāvam gameti,

| | |
|---------------------------|---|
| uppanna | (pp. of uppajjati) arisen; appeared |
| visamagata (adj.) | troubled; distressed; struggling with; lit. uneven going |
| → visama (adj.) | rough; uneven; unbalanced |
| pajahati | gives up; abandons; lets go of |
| vinodeti (caus.) | (caus. of vi + √nud) dispels; drives out; removes |
| → nudati | drives out; expels; removes [√nud + a + ti] |
| byantīkaroti | removes; eliminates; gets rid of; puts an end to; lit. makes ending |
| → byanta (nt.) | end; conclusion; finish [vi + anta] |
| anabhāvam gameti (idiom.) | obliterates; annihilates; totally destroys |
| → anabhāva (m.) | obliteration; annihilation; total destruction [anu + abhāva] |
| → gameti (caus.) | (caus. of gacchatī) makes go to; causes to go to |

so diṭṭhe ceva dhamme dukkham viharati savighātam saupāyāsam sapariḷāham;
kāyassa ca bhedā param marañ duggati pāṭikaṅkhā.

| | |
|--------------|---------------------------------|
| diṭṭha (pp.) | seen; visible; present |
| vighāta (m.) | trouble; annoyance; irritation |
| upāyāsa (m.) | affliction; difficulty; trouble |

Sanidānam, bhikkhave, uppajjati nekkhammavitakko, no anidānam;
sanidānam uppajjati abyāpādavitakko, no anidānam;
sanidānam uppajjati avihimsāvitakko, no anidānam.

Kathañca, bhikkhave, sanidānam ... no anidānam?

Nekkhammadhātum, bhikkhave, paṭicca uppajjati nekkhammasaññā, ... -saṅkappo ... -chando ... -pariḷāho ... -pariyesanā ... pariyesamāno sutavā ariyasāvako tīhi thānehi sammā paṭipajjati – kāyena, vācāya, manasā.

Abyāpādadhātum, bhikkhave, paṭicca uppajjati abyāpādasaññā, ... -saṅkappo ... -chando ... -pariḷāho ... -pariyesanā ... pariyesamāno sutavā ariyasāvako tīhi thānehi sammā paṭipajjati – kāyena, vācāya, manasā.

Avihimsādhātum, bhikkhave, paṭicca uppajjati avihimsāsaññā, ... -saṅkappo ... -chando ... -pariḷāho ... -pariyesanā ... pariyesamāno sutavā ariyasāvako tīhi thānehi sammā paṭipajjati – kāyena, vācāya, manasā.

Seyyathāpi, bhikkhave, puriso ādittam tiṇukkaṁ sukkhe tiṇadāye nikhippeyya;
tamenam hatthehi ca pādehi ca khippameva nibbāpeyya.

Evañhi, bhikkhave, ye tiṇakaṭthanissitā pāṇā te na anayabyasanam āpajjeyyum.

Evameva kho, bhikkhave, yo hi koci samaṇo vā brāhmaṇo vā
uppannam visamagatam saññam khippameva pajahati vinodeti byantikaroti anabhāvarū gameti,
so diṭṭhe ceva dhamme sukham viharati avighātam anupāyāsam apariḷāham;
kāyassa ca bhedā param marañ sugati pāṭikaṅkhā”ti.

ANDHAKARAṄNASUTTA (ITI 87)

Vuttañhetam bhagavatā vuttamarahatā me sutam:

| | |
|----------------------|--------------------|
| Vuttañhetam (sandhi) | vuttam + hi + etam |
|----------------------|--------------------|

“Tayome, bhikkhave, akusalavitakkā andhakaraṇā acakkhukaraṇā aññāṇakaraṇā paññānirodhikā vighātapakkhikā anibbānasamvattanikā.

| | |
|------------------------|---|
| andha (m.) | blind person; lit. dark |
| aññāṇa (nt.) | ignorance; not knowing [na + √ñā + aṇa] |
| vighātapakkhika (adj.) | troublesome; afflictive; lit. on the side of discomfort |
| → pakkha (adj.) | associated with; connected to; siding with; lit. on the side of |

Katame tayo? Kāmavitakko, bhikkhave, andhakaraṇo acakkhukaraṇo aññāṇakaraṇo paññānirodhiko vighātapakkhiko anibbānasamvattaniko. Byāpādavitakko ... Vihimsāvitakko ... anibbānasamvattaniko.

Ime kho, bhikkhave, tayo akusalavitakkā ... anibbānasamvattanikā.

Tayome, bhikkhave, kusalavitakkā anandhakaraṇā cakkhukaraṇā ñāṇakaraṇā paññāvuddhikā avighātapakkhikā nibbānasamvattanikā.

| | |
|-------------|--|
| vuddhi (f.) | growth of; increase of; development of |
|-------------|--|

Katame tayo? Nekkhammavitakko, bhikkhave, anandhakaraṇo cakkhukaraṇo nāṇakaraṇo paññāvuddhiko avighātapakkhiko nibbānasamvattaniko. Abyāpādavitakko ... Avihimsāvitakko ... nibbānasamvattaniko.

Ime kho, bhikkhave, tayo kusalavitakkā ... nibbānasamvattanikā”ti.

Etamatthaṁ bhagavā avoca. Tatthetam iti vuccati:

“Tayo vitakke kusale vitakkaye,
Tayo pana akusale nirākare;
Sa ve vitakkāni vicāritāni,
Sameti vuṭṭhīva rajaṁ samūhataṁ;
Sa ve vitakkūpasamena cetasā,
Idheva so santipadaṁ samajjhagā”ti.

Ayampi attho vutto bhagavatā, iti me sutan’ti.

| | |
|----------------------|--|
| vitakke | acc.pl. of vitakka |
| vitakkaye | opt.3rd.sg. of vitakkayati |
| → vitakkayati | thinks about; reflects on; ponders over |
| nirākare | opt.3rd.sg. of nirākaroti |
| → nirākaroti | rejects; spurns; gets rid of |
| sameti | calms down; settles; stills; makes subside; lit. causes to be calm |
| vuṭṭhi (f.) | rain; rainfall [$\sqrt{vass} + ti$] |
| rajas (m.) | (1) mental impurity (2) dust; dirt |
| samūhata (pp.) | removed; uprooted; eradicated |
| upasama (m.) | calmness of; stillness of; peace of |
| → upasammati | (1) is calmed; is cooled; is settled (2) (of fire) goes out; cools down |
| cetasā (m.) | with mind; by mind |
| santipada (nt.) | state of peace; tranquillity; epithet of Nibbāna [santi + pada] |
| → santi (f.) | peace; calm; tranquillity |
| → pada (nt.) | (1) foot (2) path; track (5) place; position; state |
| samajjhagā (imperf.) | got; obtained; experienced; lit. arrived together at [saṁ + adhi + $\sqrt{gam} + ā$] |
| → adhigacchati | gets to; attains; finds; acquires; obtains; lit. arrives at |

EXERCISES

(Pabbajitaabhiñhasutta 6-10, AN 10.48)

Break down the sentence and fill out the details where applicable. (pos = part of speech)

'Sabbehi me piyehi manāpehi nānābhāvo vinābhāvo'ti pabbajitenā abhiñham paccavekkhitabbam.

| word | pos | meaning | construction |
|--------------|-------------|-----------------------|---|
| 'Sabbehi | | <u>abl. of sabba</u> | <u>from all</u> |
| me | <u>pron</u> | | <u>me; mine</u> |
| piyehi | | <u>abl. of piya</u> | <u>from the liked</u> |
| manāpehi | | <u>abl. of manāpa</u> | <u>from the pleasing</u> |
| nānābhāvo | | <u>masc.nom.</u> | <u>separation; parting (+abl)</u> <u>[nānā + bhāva]</u> |
| → nānā | | <u>ind</u> | <u>various; different; diverse</u> |
| → bhāva | | <u>masc.</u> | <u>condition; quality; characteristic</u> |
| vinābhāvo'ti | | <u>masc.nom.</u> | <u>separation; loss of (+abl)</u> <u>[vinā + bhāva]</u> |

'Kammassakomhi kammadāyādo kammayoni kammabandhu kammapaṭisaraṇo,

| word | pos | meaning | construction |
|------------------|-------------|--------------|--|
| 'Kammassakomhi | <u>idom</u> | | <u>[kamma + saka + amhi]</u> |
| → kammasaka | <u>adj</u> | | <u>owner of kamma</u> |
| kammadāyādo | | | <u>heir of kamma</u> |
| → dāyāda | | <u>masc.</u> | <u>heir of; inheritor of</u> <u>[dāya + āda]</u> |
| kammayoni | | | <u>born of kamma</u> |
| → yoni | | <u>fem.</u> | <u>conception; birth</u> |
| kammabandhu | | | <u>bound to kamma</u> |
| → bandhu | | <u>adj.</u> | <u>bound to; connected with</u> |
| kammapaṭisaraṇo, | | | <u>refuge in/of kamma</u> |
| → paṭisaraṇa | | <u>nt.</u> | <u>protection; refuge</u> |

yām kammaṁ karissāmi kalyāṇam vā pāpakaṁ vā tassa dāyādo bhavissāmīti pabbajitena abhiñham paccavekkhitabbam.

| word | pos | meaning | construction |
|--------------|------------|-------------------|--------------|
| yām | pron | that which | |
| kammaṁ | nt.acc.sg. | action | |
| karissāmi | fut.sg. | I will do | |
| kalyāṇam | adj | good; favourable | |
| vā | conj | or | |
| pāpakaṁ | adj | bad; wicked; evil | |
| vā | conj | or | |
| tassa | pron | nt.gen.sg. of ta | of that |
| dāyādo | masc.nom. | the heir | |
| bhavissāmīti | fut.sg. | I will become | |

‘Kathāmbhūtassa me rattindivā vītvattantīti pabbajitena abhiñham paccavekkhitabbam.

| word | pos | meaning | construction |
|-----------------|-------|---------------------------------------|------------------|
| ‘Kathāmbhūtassa | | How? What way? | [kathām + bhūta] |
| me | | me; mine | |
| rattindivā | nt. | night and day | |
| → ratti | fem. | night | |
| → diva | masc. | day | |
| vītvattantīti | prp. | passing; spending | |
| → vītvattati | | (of time) passes; spends | |
| → vattati | | (1) proceeds (2) exists; is happening | |
| → vītipatati | | goes up and down; fans | |
| → patati | | falls; lands on | |

'Kacci nu kho'ham suññāgāre abhiramāmī'ti pabbajitena abhiñham paccavekkhitabbam.

| word | pos | meaning | construction |
|---------------|------------|----------------------------|-----------------|
| 'Kacci nu kho | idiom | Is it so? Perhaps? | |
| 'ham | aham | me; I | |
| suññāgāre | nt.loc.sg. | empty dwelling | [suñña + agāra] |
| → agāra | nt. | dwelling; house; hut | |
| abhiramāmī'ti | pr.sg. | enjoys; delights | abhiramatī |
| → ramati | | enjoys; delights in; likes | |

'Atthi nu kho me uttari-manussadhammā alamariya-ñāṇadassana-viseso adhigato,

| word | pos | meaning | construction |
|---------------|-------|---|-------------------------|
| 'Atthi nu kho | idiom | Could it be? | |
| me | pron | me; mine | |
| uttari | adj | superior; higher than | |
| manussadhammā | noun | masc.nom.pl.human state; normal condition | |
| alamariya | adj | suitable/enough for a noble one | [alaṁ + ariya] |
| ñāṇadassana | noun | nt. | knowledge and vision |
| viseso | noun | masc.nom. | distinction; attainment |
| adhigato, | pp. | attained; achieved; lit. arrived at | [adhi + √gam + ta] |

so'ham pacchime kāle sabrahmacārīhi puṭṭho

| word | pos | meaning | construction |
|----------------|----------------|-------------------------|--------------|
| so'ham | | so; then I | so + aham |
| pacchime kāle | idom | in latter days | |
| sabrahmacārīhi | masc.instr.pl. | by spiritual companions | |
| puṭṭho | pp.nom. | asked; questioned | pucchati |

na mañku bhavissāmī'ti pabbajitena abhiñham paccavekkhitabbam.

| word | pos | meaning | construction |
|---------------|-------------|--------------------------------------|----------------------|
| na | <u>neg</u> | <u>not</u> | |
| mañku | <u>adj</u> | <u>humiliated; ashamed; silenced</u> | |
| bhavissāmī'ti | <u>verb</u> | <u>fut.sg.</u> | <u>I will become</u> |

Ime kho, bhikkhave, dasa dhammā pabbajitena abhiñham paccavekkhitabbā'ti.